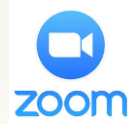


A Virtual Retreat with Patrick Kearney 7-16 August 2020



Retreat experiences in the “Real World”.

Mindfulness practice in the midst of our ordinary lives

Retreat Schedule assumes Malaysia & Western Australia Time Zone (GMT+8)

Closing date: 26 Jul 2020 or when application is full

For further information: <https://tinyurl.com/PK-VRetreat-Info>

Online application: <https://tinyurl.com/PK-VRetreat-2020>

For enquiries: Ms Lau | Email: rc@sasanarakkha.org | Tel: +6011-16011198



Patrick Kearney is an independent dharma teacher in the lineage of Mahāsī Sayādaw. He has trained extensively in the Mahasi approach to insight meditation, and in the Diamond Sangha lineage of Zen Buddhism.

Patrick has a particular interest in the original teachings of the Buddha — before Theravāda or Mahāyāna were created. He brings the early texts to life, applying them to the practice of dharma in the contemporary world.



<https://www.facebook.com/SasanarakkhaBuddhistSanctuary/>
Dhamma talks from 8-15 Aug 2020 | Time: 7:30 – 8:30 pm