

福 建

念住远足

行禅营

奥智达比丘带领

16 / 11 - 22 / 11
2017

HOKKIEN
**MINDFUL
HIKING**

RETREAT
with Āyasmā Aggacitta

供身体健壮，心境年轻者的内在觉照

INTROSPECTIVE MINDFULNESS
FOR THE FIT AND YOUNG AT HEART

地点 VENUE

太平护法苑
SASANARAKKHA BUDDHIST
SANCTUARY RETREAT CENTRE
TAIHING

询问 ENQUIRY

rc@sasanarakkha.org
Atthesaka Chan 016-5028 368



Sāsanārakkha Buddhist Sanctuary, Taiping, Perak
Hokkien Mindful Hiking Retreat
conducted by Āyasmā Aggacitta
 16 – 22 Nov 2017

Application Form

1. Full Name: (as per NRIC followed by nickname)	2. Age:	3. Gender: <input type="checkbox"/> Male (Please ✓) <input type="checkbox"/> Female
4. Correspondence address:	5. Tel no.: (Give at least one no. that can easily reach you.) a. Home: b. Mobile:	
	6. Email: [REQUIRED: write clearly esp. the upper & lower case, the 0 (zero) & o (letter 'o'), the – (dash) & _ (underscore)] ¹	
7. Can you converse in Hokkien? <input type="checkbox"/> Yes <input type="checkbox"/> No (Please ✓)	8. Do you have any chronic mental or physical illness or disability? (Please ✓) <input type="checkbox"/> Yes (Please elaborate below) <input type="checkbox"/> No	
9. In what way have you helped SBS?		
10. Previous retreat experiences:		
<i>Teacher</i>	<i>Type</i>	<i>Duration & Year</i>
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.....
.....
.....

Next of kin to be contacted in case of emergency:

Name:	Telephone no.:	Address:
	Home:	
Relationship:	Work:	
	Mobile:	

I hereby declare and acknowledge that:

- The particulars given in this form are to the best of my knowledge **true and correct.**
- I shall try my best to follow the rules and regulations of SBS insofar as they affect me as a participant.
- I shall not hold SBS Management Committee or Sangha or the Meditation Teacher liable for any mishap due to my own action or negligence during my stay in SBS.
- SBS reserves the absolute right, in exceptional circumstances, to require a resident to leave SBS at 24 hours notice. This right shall be exercised in the best interests of SBS.

SIGNATURE

DATE

Please check to make sure you have filled up the form **correctly and completely**, then send it to

SBS office
c/o Tioh

Closing date: 5 Nov 2017

Your application **will not be processed if your handwriting is illegible.*

1 If you do not use email please indicate an email address of someone close to you.
 2 All participants are required to observe 8 Precepts.